



## The Nest Southwest CIC

### Terms and Conditions of TENS hire

This is a voluntary hire scheme run by The Nest Southwest CIC for the benefit of women in the local community. We run this on a not for profit basis.

TENS stands for : Transcutaneous Electrical Nerve Stimulation. It is used as a pain relieving modality during labour.

#### Cost

- We ask for a cost of £15, for the hire of the TENS machine (to cover outlay costs and maintenance) and a refundable deposit of £60 (cash, cheque or paypal) in case of irreparable damage, missing items or non-return of the TENS machine. This will be returned to you when the pool comes back to us.
- The TENS machine may be hired from the 37th week of pregnancy. Please do not use it before this time.
- We allow for a 6 week loan period as a general rule, but if this needs to be altered please contact us and we will do our best to accommodate any changes.
- If a booking is cancelled up to 2 weeks before the start of the hire period then a full refund will be provided. Bookings that are cancelled 1 week before the hire period will receive a 50% refund. Cancellations after this time cannot be refunded.

#### Use

- Babycare TENS should only be used in accordance with the instructions provided and only by the customer named.
- We strongly advise that you contact your midwife prior to commencing use of the TENS machine and they are informed of your plans.
- The success of Babycare TENS in labour is neither guaranteed nor warranted by The NEST SW or BabyCare TENS
- Babycare TENS must not be used by anyone fitted with a cardiac pacemaker, who has a heart disease or suffers from epilepsy. If you have any concern whatsoever consult your medical advisor prior to use.
- Babycare TENS must not be used until the pregnancy has reached full term (37 weeks onwards).
- Please check the contents of the hire pack upon receipt and familiarise herself with the Babycare TENS and the instructions. Although we cannot be held responsible for any issues, we ask you to inform us as soon as possible should a problem occur, so that we may endeavour to rectify this for you.
- We ask you to return the Babycare TENS machine as soon as possible after it has been used, in order to allow someone else the opportunity to borrow it.

- The TENS machine can be collected and returned at the bimonthly pregnancy support group by prior arrangement. Alternative arrangements can be made.
- The electrode pads can be used multiple times on yourself but please **DO NOT** give them back when you return the machine as a new pack is given out to the next customer. Please wipe the machine with a non-toxic cleaner.