

The Nest Southwest CIC



Birth Ball hire terms and conditions

This is a voluntary hire scheme run by The Nest Southwest CIC for the benefit of women in the local community. We run this on a not for profit basis.

Cost

- We ask for a donation of £5, for the hire of the ball (to cover outlay costs and maintenance).
- Balls are supplied with a hand pump. Missing items may be charged on top of the hire costs via the refundable deposit.
- We allow for a 6 week loan period as a general rule, but if this needs to be altered please contact us and we will do our best to accommodate any changes.
- We ask for a refundable deposit of £10 (cash, cheque or paypal) in case of irreparable damage or non-return of the pool. This will be returned to you when the pool comes back to us.
- If a booking is cancelled up to 2 weeks before the start of the hire period then a full refund will be provided. Bookings that are cancelled 1 week before the hire period will receive a 50% refund. Cancellations after this time cannot be refunded.

Hygiene and allergy information:

- The Ball is latex free and made from a non-homogeneous type material
- The ball can be cleaned with a standard non toxic cleaning spray and wipe and we ask you to clean thoroughly after you have finished using it.

Use

- Included in the pack are some instructions on how to use the ball during pregnancy and labour. Please read thoroughly before use.
- Always use the ball in a cleared area of a room with no obstructions
- Please do not wear any sharp objects whilst using the pool
- Avoid extreme temperatures
- Check the plug is inserted correctly before use. Please do not use if the ball has suffered any un reported damage.
- Ensure that the ball is correctly inflated by complying with the guidelines provided.
- Maximum weight for the ball is 300Kg
- The best surface to exercise is on a carpet, to prevent slipping.
- We take no responsibility for any issues or injuries relating to the use of the ball
- The ball and pump can be collected and returned at the bimonthly pregnancy support group by prior arrangement. Alternative arrangements can be made.